



Life Support

September 2016

THE PREGNANCY SUPPORT GROUP OF WOODLAND

Committed to Providing Positive Alternatives to Abortion

The following article is from a blog geared toward women, mothers in general, but it is a great reminder to all of us. With politics or with other areas in our lives, God does not call us to hide because circumstances are uncomfortable, messy, or because we don't agree with them. God calls us to live a life of power, to be brave like Katie talks about on her blog. II Timothy 1:7 says, "For God has not given us a spirit of fear and timidity, but of power, love, and self-discipline." With God's power and love we CAN make a difference in our world. We can be brave and be the positive change that is so desperately needed.

How to Face an Election Year Bravely

By Katie from the blog, *I Choose Brave*, www.ichoosebrave.com

In a Presidential Election Year, how does one choose brave? When politics seem muddy and messy how do you even begin to tell right from wrong? How do we even know who to vote for and is it okay to just turn a blind eye? Thoughtful consideration.

I received an e-mail from a reader a couple weeks ago. Her name is Shirley. She recently came upon the blog and she is a mother of six. Oh, and she is 81 years old.

Shirley wrote to encourage me about living brave. She shared a little bit about what that has looked like for her over the years – in a bad marriage and a re-marriage, in a busy home, raising six children and now, as a widow, with all of the “time she wished for when she was younger”. She shared how she tries to live brave with the “human years and energy” that she has left. It was beautiful to read.

Shirley reminded me that **life demands our courage at every age, that comfort zones come easy, but a brave life is always an intentional choice and that the principles of courage are ageless.** *Shirley is choosing brave.*

Shirley began to tell me that she has become more politically aware, more politically active, in her later years. She wrote of how...

“...in the small world of babies, toddlers, going off to school children – there just plain wasn't the time to

care about who to vote for even. I followed my husband to the voting booth and copied what he did.”

Yet she related how much the world has changed since then, how she is **concerned for our country, our falling apart families, our falling behind children**, all of it. And then she wrote these words:

“I spend a lot of my time in prayer, I share my views, what I've learned, and I lead a women's Bible study in my home. I'm trying to do my little part with what I have left in human years and energy. But the baton has to be passed on to the young mothers. How to inspire them to look beyond the daily chores and become informed. I don't know if that is part of the plan for this site or not, but in choosing to live brave, women

August 2016 Outreach

New Clients	41
Client Visits	141
Births	8
+ve Pregnancy Tests	2
-ve Pregnancy Tests	3
Ultrasounds.....	35
Diapers.....	850

Meet Carol Duty,
PSG Director



also have to look outside of themselves and see the broader picture, the neighborhood, the city they live in, the country as a whole and even the world which is growing smaller in many ways. There is a lot to consider in choosing brave!”

My heart sank a little as I read her words. I love the idea of this 81 year old woman taking the time to write to me. I love that she knows how to use Facebook even and that she is making the most of each day that she has left. I love that she is bold enough to write and encourage me and yet challenge me as well.

But I *don't* want to write about politics.

I don't.

I used to care more for politics than I do now. I grew up in a politically aware atmosphere and I left home with a love for watching debates and following the process. Today, I can hardly stomach the rhetoric, because how does a person even begin to dissect truth from the skewed perspectives and contrived speeches all wrapped up in a plot to sway a disengaged public and defame and demoralize their opponent?

No thanks. I don't want to write about politics.

And beyond all of the accusations, **who is even worthy of the job?** How do you talk politics when you feel like you are left choosing between bad and worse? How is this winning when you feel like you are casting your vote for people who aren't even honest...or trustworthy...or kind?

I'm sorry, Shirley, but I really don't want to talk about politics.

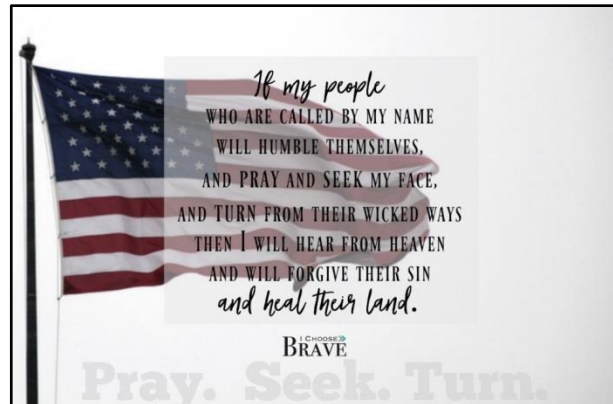
But then I began to wonder, **what does brave look like in all of this?** *Where is God in all of this? Where is truth and light and hope in all of this?*

And I remembered; He told us already.

“if My people who are called by My name will humble themselves and pray and seek My face, and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.”

Pray. Seek. Turn.

A formula, almost.



You know what I realized? Politics scare me. It scares me to talk about politics because I hardly know right from wrong in that arena anymore. I don't know who is telling the truth and who is completely faking it. But when I take all of that in my hands and begin to sift it out, I find **there are three things I know to be true:**

1. We are called to Pray, Seek and Turn.
2. No vote, is always a vote. Opting out is not an option because the majority will rule. The loud and passionate and angry will rule. Decisions will be made. **Not choosing is always choosing.**
3. God sees all things, knows all things and He is here no matter what the outcome of an election. If we believe that, we have nothing to fear.

We're tired and frustrated, disappointed and disillusioned, with politics. I get it. But tuning out is not brave, friends. Shirley is right. Our country and our families are in decline. Very lives hang in the balance of this vote and we cannot look away.

So this is what I propose.

I want to pray more than I talk (or write) about it.

I want to ask God to guide me, guide you and guide our country.

I want to seek His wisdom, authority and leadership when it all looks like a muddled mess.

And I want to vote bravely, confidently, trusting Him to lead me, knowing He is in the business of beauty from ashes, that His word will not return void and we know how the story ends.

Pray for our country. Pray for the Presidential Election. Pray as you cast your vote, bravely.

Want to join me? Want to bow humbly and faithfully, pray earnestly and fervently and vote bravely, together?

Please head over to Katie's blog for the original article. At the bottom you can join an email list to pray with her every day for the month of October.

<http://www.ichoosebrave.com/how-to-face-an-election-year-bravely/>

COME JOIN THE FUN

FAMILY, FOOD & FOAM

PREGNANCY SUPPORT GROUP'S ANNUAL

WALK, RUN, ROCK

FUND RAISER

SATURDAY, OCTOBER 15, 2016 10AM - 2PM
 HELD AT: WOODLAND CHRISTIAN SCHOOL
 1787 MATMOR ROAD

FOR DETAILED INFORMATION, OR TO REGISTER, GO TO
WWW.PregnancySupportGroup.com
 OR CALL
530-661-6333

EXCITING PRIZES FOR TOP PLEDGE WINNERS

PSG BOARD:

President Gerald Shearman
V P Pastor Dave Tucker
Secretary Margaret Walton
Treasurer Donna Hawkins
Board Member Dooba Eibensteiner
Board Member Nancy Osborn

OFFICE STAFF:

Director Carol Duty
Office Admin Linnea Herger
Admin Assistant Suzanne Grey
FMP Kathy Martinez

VOLUNTEERS:

Elaine Bedford
 Dominic Murphy
 Rachel Tucker
 Chris Dodson
 Carolyn Madsen
 Maria Cuevas
 Valerie Toland
 Victoria Conklin
 Bensi Cheney
 Jim Ardill
 Julia Ortiz
 Nan Anderson & Susan Drake (Clothes Closet)
 Alan Reiff
(Men's Program)
 Laura Patera
(Christian Counseling Support)

The Pregnancy Support Group would like to thank...

Jonni Conway for donating 10 sweetly hand-painted onesies for our new mommies.

Barry Crider (from Caltronics) for donating a Mother Board and Motor to repair our very expensive Biz-Hub copier.

Please visit our [website](#) for a full FAQ, Registration, Pledge Sheet, and Payment.

Entry Fee/Pledges	\$5 BBQ Lunch	Field Of Fun Tickets*	Raffle Ticket
\$35.00 - \$49.00	Not Included	Not Included	0
\$50.00 - \$99.00	Included	Not Included	1
\$100.00 +	Included	For Family Of Four	1

*Field of Fun tickets are regularly \$1 each or 25/\$20